

# Bell Ringer 1

WELCOME TO OUR CLASS

## DO NOW



Quick Write: **What Makes You, YOU?**

How much of your personality was determined as a child? How much of it developed as you aged? What aspects of yourself are you thankful to have “grown out of?”

# Bell Ringer 2

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Is the everyday identity you reveal to yourself and others the real you, or is it simply the cover for secret identity that hides deep inside? What are the elements that are the same?**

# Bell Ringer 3

WELCOME TO OUR CLASS

## DO NOW

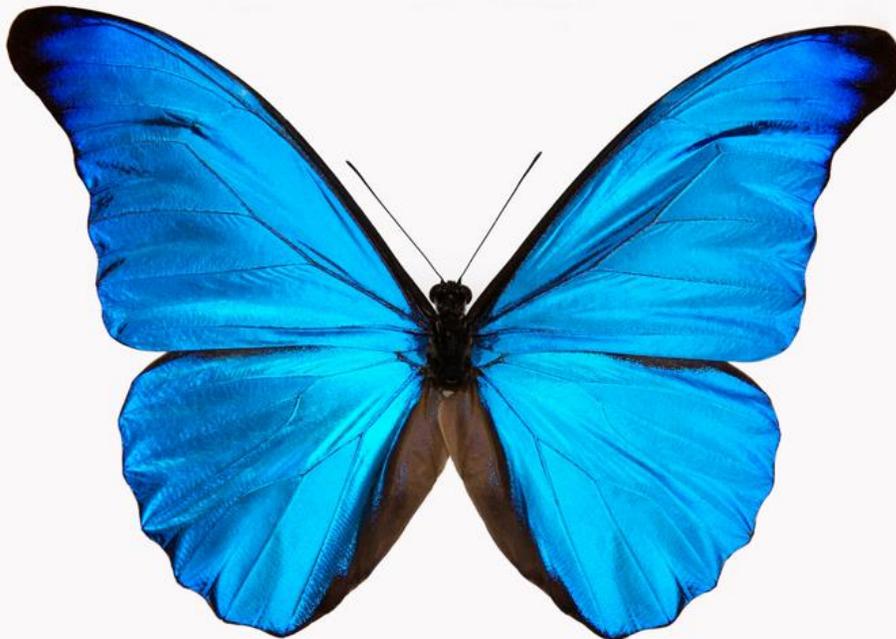


**Quick Write: Plan your personality makeover! What traits would you change about yourself? What traits interfere with what you want to accomplish in life?**

# Bell Ringer 4

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Plan your personality makeover! What traits would you change about yourself? What traits interfere with what you want to accomplish in life?**

# Bell Ringer 5

WELCOME TO OUR CLASS

## DO NOW



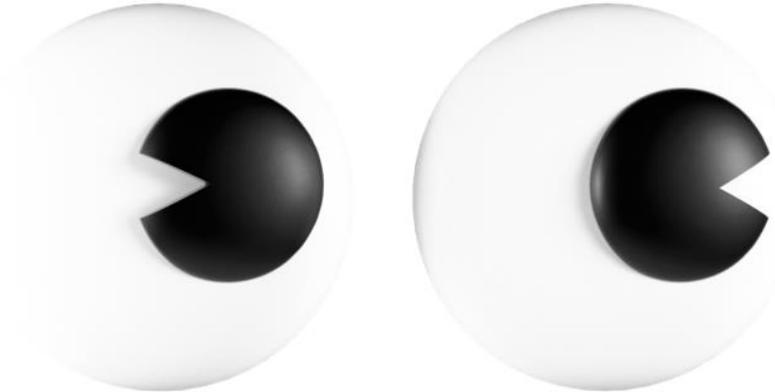
Quick Write: An acquaintance asks you, “**Is psychology a science?**” How would you properly respond to their inquiry?

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# Bell Ringer 6

WELCOME TO OUR CLASS

## DO NOW



Quick Write: Select a person in the classroom to observe during the beginning of class. Describe what you notice about their behavior in the classroom setting. **Keep your writings private and confidential.**

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# Bell Ringer 7

WELCOME TO OUR CLASS

## DO NOW

Researchers blindfolded a group of people and told them that their right arms were being rubbed with a poison ivy plant. Consequently, all the people's arms reacted with itching, boils and redness - all the classic symptoms of poison ivy. Not very surprising - until you find out that the plant used for the study was just a harmless shrub (no poison).



Quick Write: What do you believe this amazing phenomenon is? Can an **expectation** create a real reaction like itching, boils, and redness?

# Bell Ringer 8

WELCOME TO OUR CLASS

## DO NOW



Quick Write: A lot of psychology students are surprised (and sometimes dismayed) to realize that **statistics courses** are required for graduation in their chosen major. Why would you need to know how to collect & analyze data in psychology?

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# Bell Ringer 9

WELCOME TO OUR CLASS

## DO NOW



Quick Write: What is a bad habit you have? How have you tried (and failed) to stop the behavior? **Why are bad habits so hard to break?**

# Bell Ringer 10

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Does sports participation deserve a trophy? Should children get awards just for showing up and playing sports (effort) or only get a trophy for the outcome (winning)?**

# Bell Ringer 11

Look up a definition for operant conditioning to answer this Bell Ringer!

WELCOME TO OUR CLASS

## DO NOW

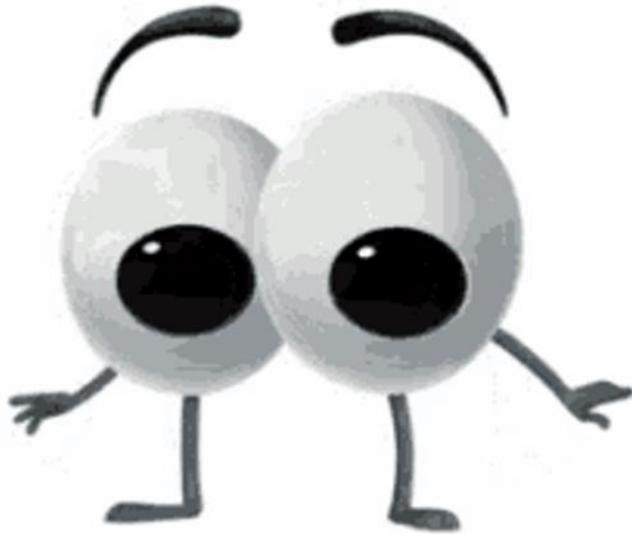


**Quick Write: Why can't you stop checking your phone? Why do you feel so compelled to open apps? Use principles of operant conditioning to explain the behavior.**

# Bell Ringer 12

WELCOME TO OUR CLASS

## DO NOW



**Quick Write:** Is it true that half of who you are is imitation? How much of your personality can you say has been learned through observations?

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# Bell Ringer 13

WELCOME TO OUR CLASS

# DO NOW

Presentation last modified: October 29



**Quick Write: Every New Year, many people make resolutions—or goals—that go unsatisfied. What stops people from achieving their goals? What would it be like if every time we made a goal we accomplished it?**

# Bell Ringer 14

WELCOME TO OUR CLASS

## DO NOW



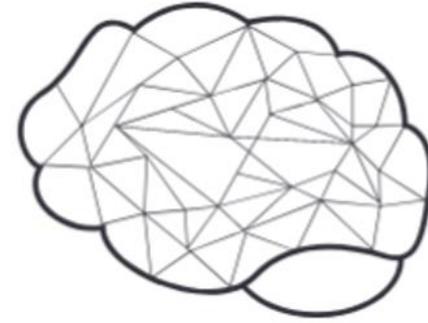
**Quick Research:** Look up a motivational quote that really inspires you! Write your quote and explain why you selected it.

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# Bell Ringer 15

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Emotional intelligence is the ability to identify and manage your own emotions and the emotions of others. How would you rate your emotional intelligence? Include Examples.**

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**THE GLASS CASTLE  
BELL RINGERS START  
HERE**

# The Glass Castle Daily Bell Ringer

## Day 1

What do you think is more important in raising a child?

Comfortable living conditions or intellectual development

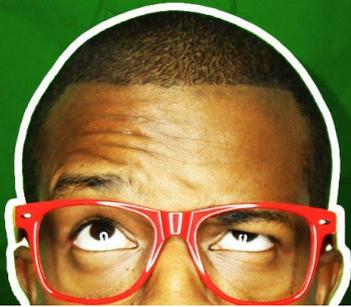
Explain your choice with reasoning



# The Glass Castle Daily Bell Ringer

## Day 2

# THEME?



# ANALYSIS

Pick one theme from the list, find a quote from the reading, explain how the quote connects with your chosen theme. Then, predict where you think you might see this theme as we read further in *The Glass Castle*.

- ✓ Poverty
- ✓ Perseverance
- ✓ Education
- ✓ Nonconformance



# The Glass Castle Daily Bell Ringer Day 3

Animal cruelty has been linked to disorder and mental health conditions, including:

- **Antisocial personality disorder**

- Animal cruelty is a diagnostic criterion for conduct disorder and is associated with antisocial personality disorder and antisocial personality traits.

- **Personality disorders**

- Animal cruelty in childhood may be linked to personality disorders in adulthood, including borderline, schizotypal, and paranoid.

- **Post-traumatic stress disorder (PTSD)**

- Exposure to animal cruelty online can lead to PTSD and other mental health conditions, such as compassion fatigue and burnout.

Evaluate the Walls' treatment of their pets. What do different character's views and actions reveal?

Do you agree that animal cruelty can help identify underlying mental health conditions?

What might be wrong with some of the members of the Walls' family.

# The Glass Castle Daily Bell Ringer

## Day 4

Write a list of things that the Walls' value.  
What is their moral code? How do the  
values of the Walls differ from others?



# *The Glass Castle Daily Bell Ringer* *Day 5*

**The epigraph for the book reads:**

**Dark is the way and light is the place  
Heaven that never was  
Not will be ever is always true**

**What do you think this means? Why did Jeanette Walls decide to include this to introduce her book *The Glass Castle*?**

# *The Glass Castle Daily Bell Ringer*

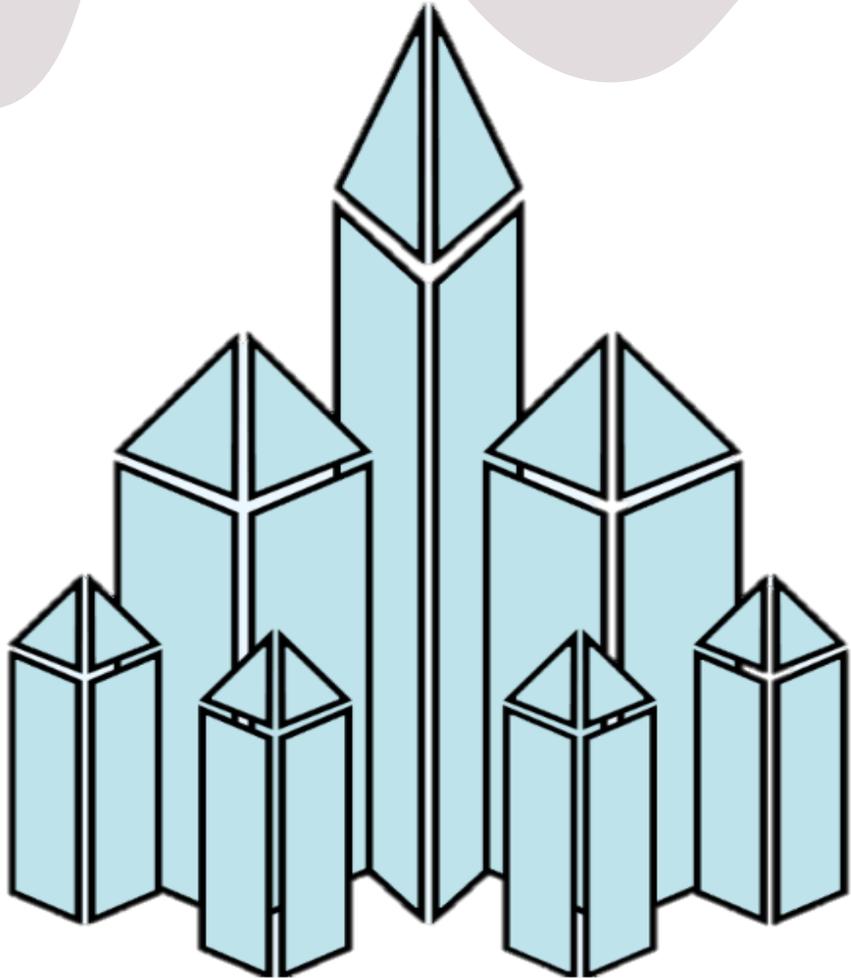
## *Day 6*



Examine the Walls' living conditions. Find one quote from in the text, write it down, and explain what you can infer about the parents from their living conditions. Then, write a list of other things you know about their living conditions and what they reveal about Rex and Rosemary.

# The Glass Castle Daily Bell Ringer

## Day 7



Rex describes the Glass Castle in the following description. “It would have a glass ceiling and thick glass walls and even a glass staircase. The Glass Castle would have solar cells on the top that would catch the sun's rays and convert them into electricity for heating and cooling and running all the appliances. It would even have its own water purification system. Dad had worked out the architecture and the floor plans and most of the mathematical calculations. He carried around the blueprints for the Glass Castle wherever we went, and sometimes he'd pull them out and let us work on the design for our rooms.”

This is also the title of the novel. What do you feel that the glass castle represents? Explain why it is important to Rex and the Walls?

# The Glass Castle Daily Bell Ringer

## Day 8



On page 71 of *The Glass Castle*, the reader is struck with an intense fight between Rex and Rosemary that escalated from a shouting contest to a full-fledged fight that almost got Rosemary killed. How do you think this incident affected the Walls children? Do you think that this incident was traumatic enough to justify the Walls children being taken away from Rex and Rosemary? If you witnessed this situation, what would you do?

# The Glass Castle Daily Bell Ringer Day 9

Moving around can have a big impact on people. In The Glass Castle, the Walls family is always on the move. The kids discuss how they don't bother making friends outside of their family. In what other ways do you think that transiency has affected different characters in the text?



# The Glass Castle Daily Bell Ringer

## Day 10

Pick a scene from in the book that you have read so far. First explain what happens in the scene in one sentence. Then, pick a character other than the narrator, Jeanette Walls, and filter the scene through this character's lens. What was this character thinking? What might have been details he/ she focused on instead? What would have been his or her viewpoint on the events that occurred?



# The Glass Castle Daily Bell Ringer

## Day 11



"I couldn't believe I'd been sitting here thinking of Grandma Smith, looking forward to eating Cream of Wheat and having her comb my hair and cuss, and all along she'd been dead. I started hitting Mom on the shoulder, hard, and asking why she hasn't told us. Finally, Dad held down my fists with his free hand, the other holding both his cigarette and the steering wheel, and said, 'That's enough, Mountain Goat'" (Walls 92).

What was your reaction to this moment in the novel? Did you relate it to anything from your own life? What's the best way to tell a child someone they love has died?

# *The Glass Castle Daily Bell Ringer*

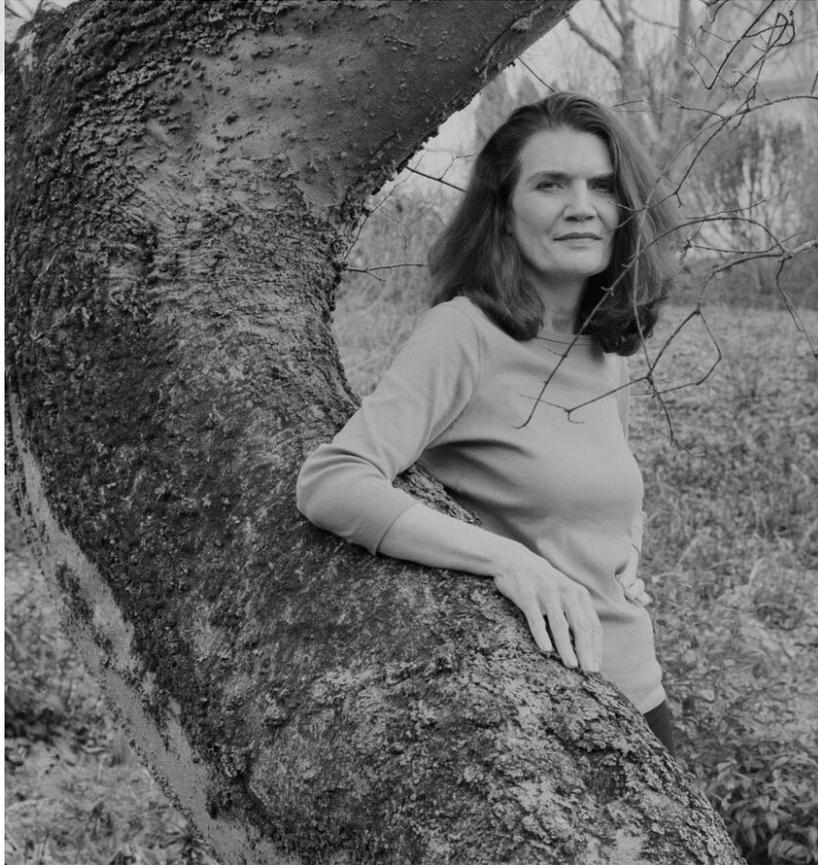
## *Day 12*



How do you think Jeanette felt after seeing Rex started drinking again? On page 123, she doesn't elaborate much about how she feels when this happens.

# *The Glass Castle Daily Bell Ringer*

## *Day 13*

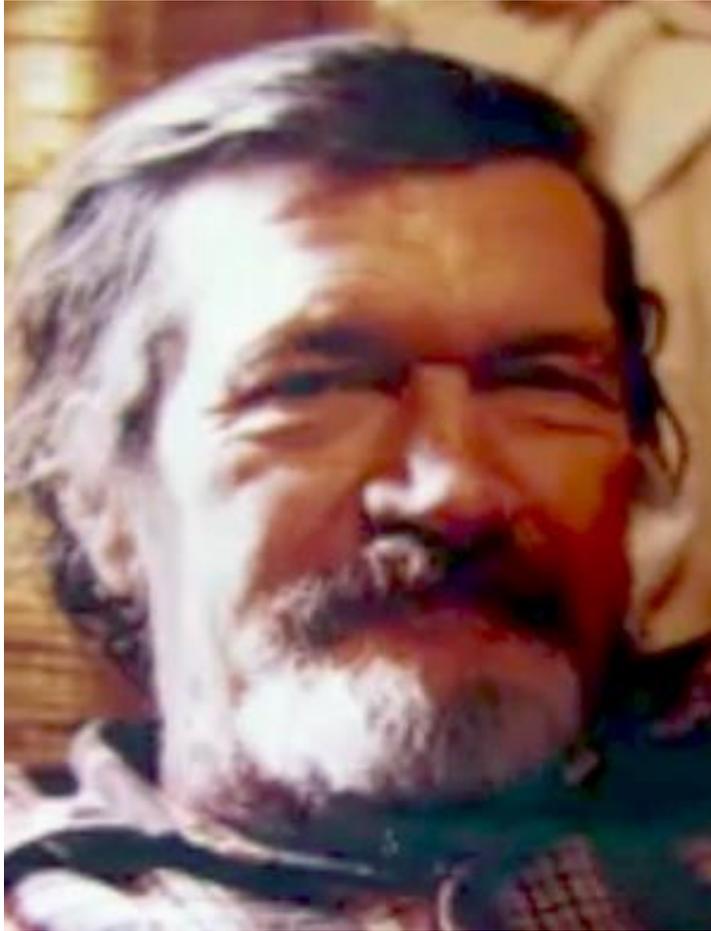


On page 86, Jeanette is told she was “raped” by Billy. On page 87, Jeanette deals with processing and understanding what happened. Go back and re-read these portions of the text.

She decides not to tell anyone. How might Rex have acted if he found out? How would Jeanette’s life be different (or the same) if she spoke up?

# *The Glass Castle Daily Bell Ringer*

## *Day 14*



Complete a character sketch of Rex Walls:

Who is he? What do his speech, thoughts, effect on others, actions, or looks reveal about him?

What are his motivations: Why do you think Rex constantly moves his family? Why will he not get help for drinking?

# The Glass Castle Daily Bell Ringer

## Day 15



What has the author revealed about her brother Brian so far in the novel?

The reader learns very little about Brian's experiences in the first half of the novel. Why do you think this is? What do you think is Brian's experience from what you have read so far?

# The Glass Castle Daily Bell Ringer

## Day 16

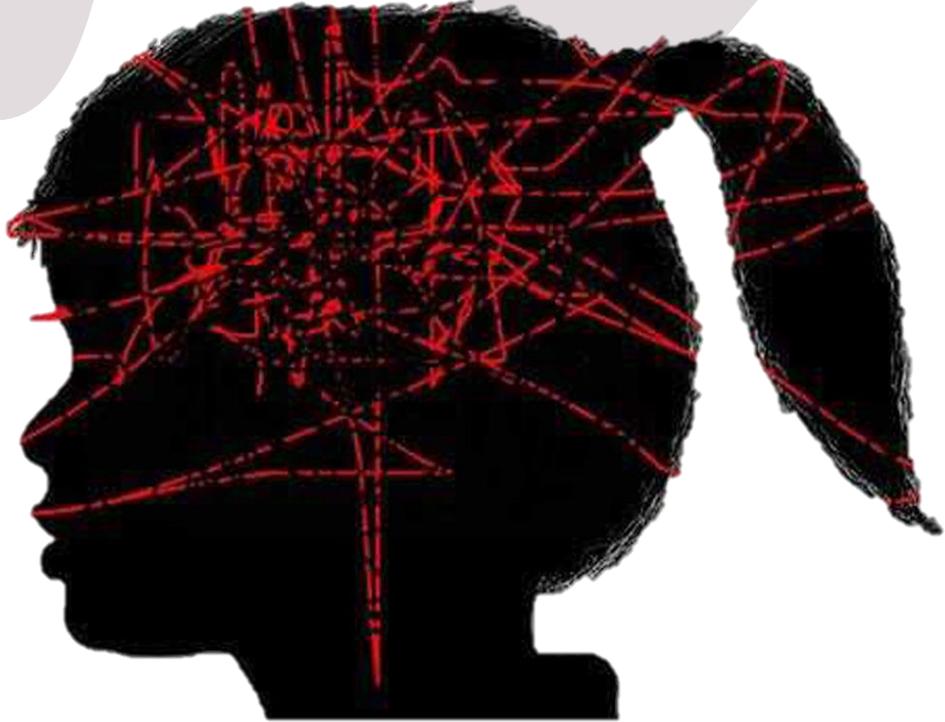


On page 115, it reads, “ ‘Let’s really light up this Christmas,’ Dad said and thrust the lighter into the Douglas fir. ”

In moments, weeks of hard work and joy for the Walls’ family was ruined. Why do you think no one in the Walls’ family lashed out at Rex? How would you have reacted? What does the children and Rosemary’s reaction reveal?

# *The Glass Castle Daily Bell Ringer*

## *Day 17*



On page 103, Jeanette is assaulted. Go back to this page and re-read the account quickly. How does normalizing traumatic events impact a person's sense of self? How did this event effect Jeanette?

# The Glass Castle Daily Bell Ringer

## Day 18



**On page 103 it reads, "One night when I was almost 10, I was awakened by someone running his hands over my private parts." Re-read this scene on page 103. How would you have reacted if you were in Jeanette's place? Did Brian do the right thing? Are Jeanette's parents to blame for the incident: her dad for being out or her mom who was sleeping in the next room over? How might you react if your child endured this? How does this incident clarify or question your view of Jeanette and her family?**

# The Glass Castle Daily Bell Ringer - Day 19

"He told me I was his favorite child, but he made me promise not to tell Lori or Brian or Maureen. It was our secret" (Walls 78).

According to a 2005 study, perceived parental favoritism can result in low self-esteem, anxiety, and depression in both the alleged "favorite child" and their siblings. Yet, research also suggests that over 65% of parents report having a favorite.

**Reflect on why Jeanette may be Rex's favorite and what effect this may have on her and her siblings. Even though she was sworn to secrecy, do you think her siblings can tell?**

**Do you think parents are wrong to have "a favorite child"? Can it be avoided?**





# *The Glass Castle Daily Bell Ringer Day 20*

**Write your own Bell Ringer prompt. Consider a strong place in the text that the reader should reflect on.**

**Write the prompt, the page number that inspired the prompt, and why your question is important.**



*The Glass Castle Daily Bell Ringer*  
*Day 21*

Write a story  
inspired by this  
photo.

Stuck? Try using  
this sentence:

"The townspeople  
didn't care much  
for outsiders."

# *The Glass Castle Daily Bell Ringer - Day 22*

Blend the following 4 phrases into your writing. (You may change articles, verb tenses, and other small edits as needed).

- He spoke with a hillbilly accent...
- They're convinced they're so special that they don't need to follow the rules...
- Now we were supposed to bite our tongues.
- At lunch, I ate my lard sandwiches...



# The Glass Castle Daily Bell Ringer - Day 23

When the Walls family moves to Welch, WV, they are surrounded by and delve deeper into true poverty. Analyze this quote from APA.org and consider how the Walls children fit the standard of children raised in poverty and how they avoid it.



**"Psychological research also shows that living in poverty is associated with differences in structural and functional brain development in children and adolescents in areas related to cognitive processes that are critical for learning, communication, and academic achievement, including social emotional processing, memory, language, and executive functioning." From the American Psychological Association.**



# *The Glass Castle Daily Bell Ringer*

## *Day 24*

Pick one of the following quotes about forgiveness, respond to it, and write about why you agree or disagree with it. What is your philosophy on forgiveness?

Forgiveness is the fragrance that the violet sheds on the heel that has crushed it. -Mark Twain

The stupid neither forgive nor forget; the naive forgive and forget; the wise forgive but do not forget.  
Thomas Szasz

It's not an easy journey, to get to a place where you forgive people. But it is such a powerful place, because it frees you. -Tyler Perry

Forgive your enemies, but never forget their names.  
-John F. Kennedy

# *The Glass Castle Daily Bell Ringer*

## *Day 25*

"I could hear people around us whispering about the crazy drunk man and his dirty little urchin children, but who cared what they thought? None of them had ever had their hand licked by a cheetah" (Walls 109).

Write a haiku or a limerick that tells the story of the Walls family trip to the zoo.

Limerick:

- 5 lines in single stanza
- Rhyme scheme AABBA
- Anapestic rhythm (2 unstressed syllables, 1 stressed syllable)

Haiku:

- 5 syllables
- 7 syllables
- 5 syllables





**THE GLASS CASTLE  
BELL RINGERS END  
HERE**

# Bell Ringer 1

WELCOME TO OUR CLASS

## DO NOW



Quick Write: **“If you could go back in time to your first year...”**

If you could go back in time, as yourself, to observe any single event from your first year of life, what would you want to witness? Why this event? Describe how you think it would be.

# Bell Ringer 2

WELCOME TO OUR CLASS

## DO NOW



Quick Write: “**My Caregivers...**”

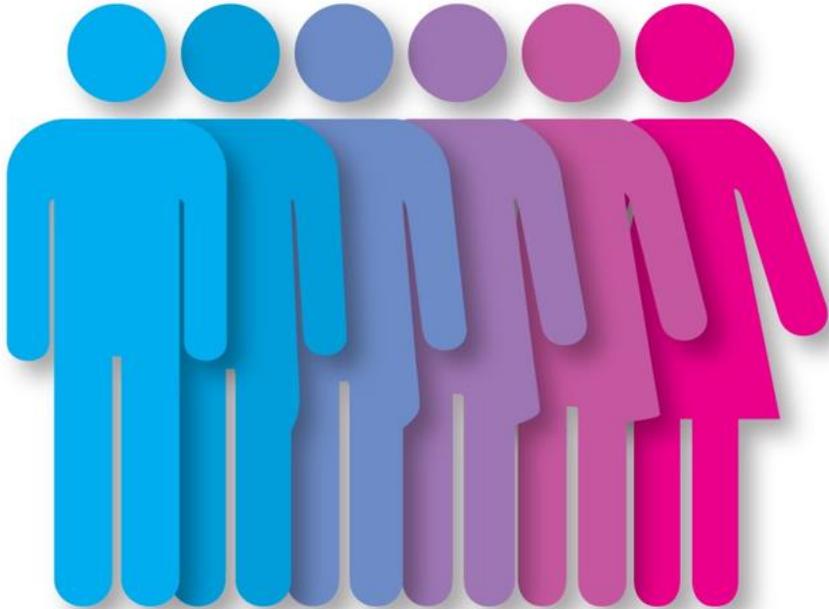
Describe your relationship with your caregivers (parents, guardians, etc.) while growing up. How would you describe your **attachment** to your caregivers.

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# Bell Ringer 3

WELCOME TO OUR CLASS

## DO NOW



Quick Write: **“My Gender...”**

Imagine you could start life over, right from the moment you were born. Knowing everything you know now, you get to choose which sex you are born. What choice would you make? What might be better/worse about your life with the sex you chose?

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# Bell Ringer 4

WELCOME TO OUR CLASS

## DO NOW



Quick Write: **“Adulthood...”**

When do you think the prime of life is?  
What are the best developmental moments in a person’s life (job, college, family, retirement, etc.)? Why did you choose your answer?

# Bell Ringer 5

WELCOME TO OUR CLASS

## DO NOW



**Quick Write:** Teens are under more stress today than ever before. Being a teenager is not easy! How often do you experience stress in your daily life? Never? Rarely? Sometimes? Or frequently? What makes you stressed?

# Bell Ringer 6

WELCOME TO OUR CLASS

## DO NOW



VISION



HEARING



SMELL



TASTE



TOUCH



**Quick Write:** If you had to give up one of your senses, which one would it be? How would your normal day be impacted by the loss of the sense?

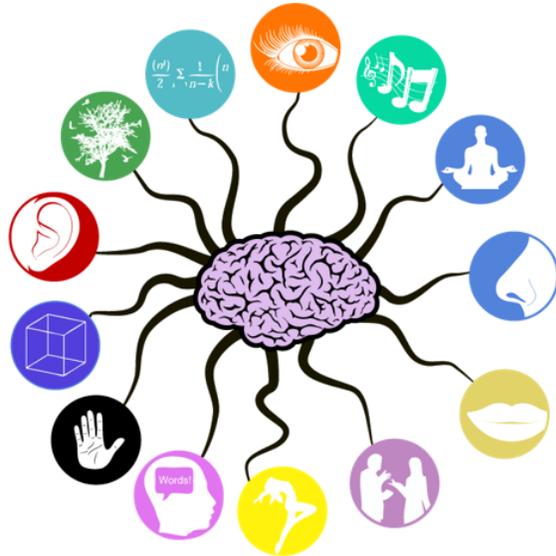
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# Bell Ringer 7

WELCOME TO OUR CLASS

## DO NOW

Optical Illusions Show How You See

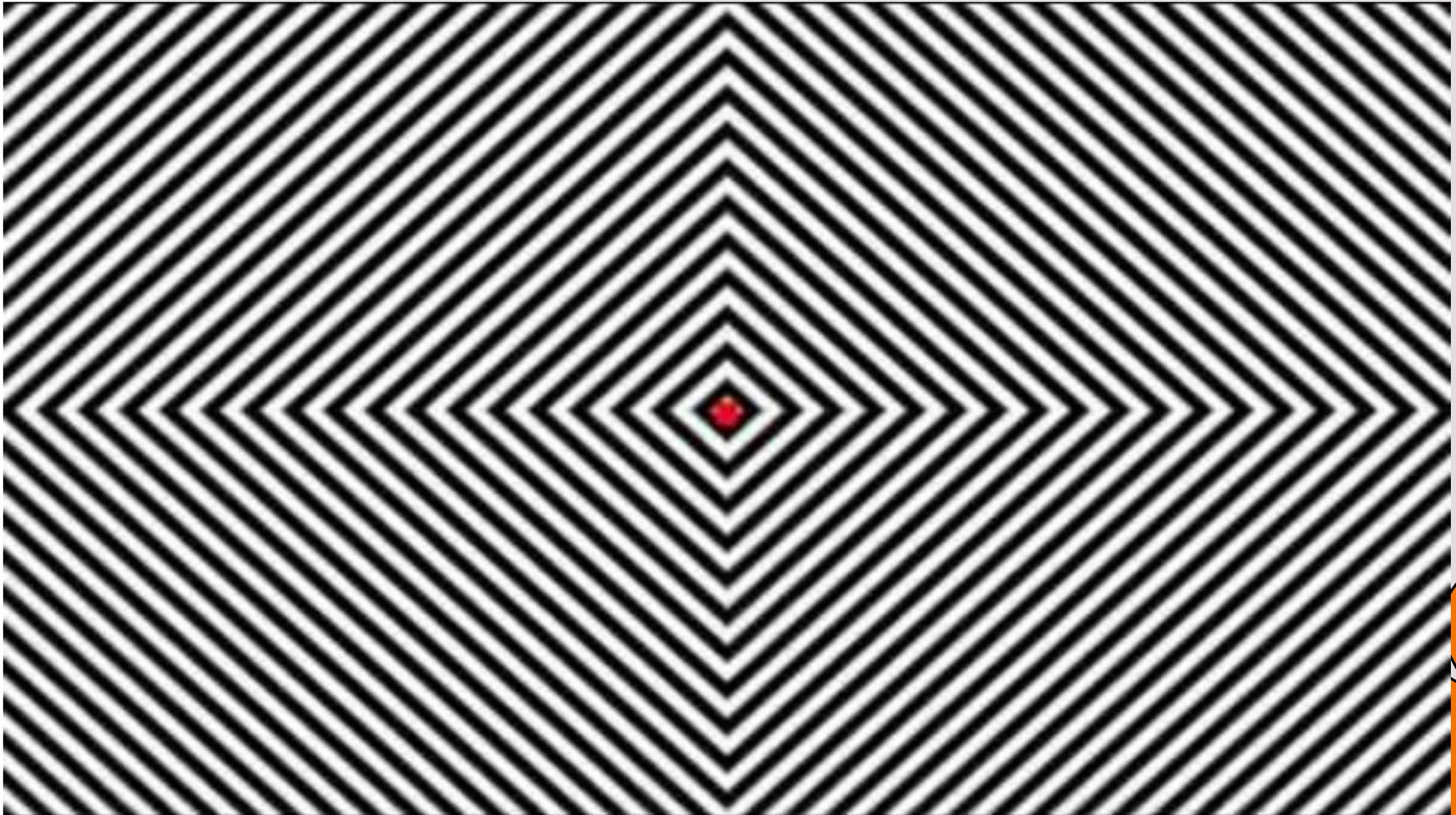


Participate in Visual Phenomena & Optical Illusions.

Quick Write: What was amazing about the optical illusion? Explain what happened in the activity.

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# Bell Ringer 7



# Bell Ringer 8

WELCOME TO OUR CLASS

## DO NOW



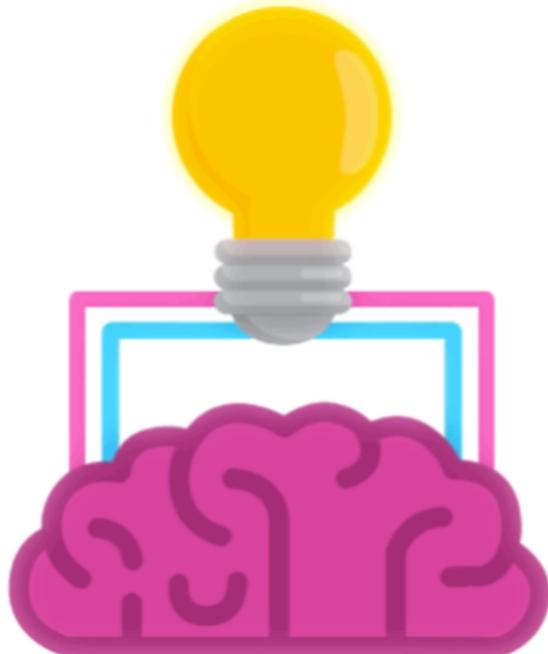
Quick Write: If humans could create **new senses** in the future what should they be? How would the new senses help us to survive? How would it change our experience of being human?

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# Bell Ringer 9

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Write down everything you did yesterday that did **NOT** involve **memory**. (Hint you did engage in a number of activities that did not involve memory)**

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# Bell Ringer 10

WELCOME TO OUR CLASS

## DO NOW



**Quick Write:** Try to remember a list of names of your school teachers (kindergarten-current grade). How many did you remember and why did you forget some of your teachers?

# Bell Ringer 11

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: What might life be like if we remembered all our waking experiences and all our dreams? What if you could remember everything from cradle to grave?**

# Bell Ringer 12

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: What are your strategies for studying? How do you go about trying to memorize material? What would you like to improve about your memory and study habits?**

# Bell Ringer 13

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: What are the current trends in clothing, foods, and entertainment for your age group? How do you become aware of the trends? Do you follow the trends?**

# Bell Ringer 14

WELCOME TO OUR CLASS

## DO NOW



Quick Write: What if everyone in the world was **exactly the same**? If they all looked the same, talked the same, shared the same views, practices, and traditions, what kind of world would it be? Do you think this would be a place you'd want to live? Why or why not? Explain.

# Bell Ringer 15

WELCOME TO OUR CLASS

## DO NOW



**Quick Write: Does playing violent video games cause aggression?**

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